

# THE SACRED HEART OF Jesus



**O**n these pages, you will find a variety of family-centered resources and activities (grouped by age level) for the month of June, which is dedicated to the Sacred Heart. This packet represents a collaborative effort among several catechetical leaders in our diocese: Ruth Ellen Berninger (St. John the Baptist Church, Valatie), Kelly Hession (Blessed Sacrament Parish, Albany), Lisanne Jensen (Christ the King, Albany), Kari Kurtz (Christ Our Light, Loudonville), Elizabeth Schlesier-Flaska (Christ Our Light, Loudonville), and Ann Smith (St. Pius X, Loudonville). We hope that your family will enjoy using these materials!

**♥ Heart of Jesus, full of goodness and love ... have mercy on us!**



*"In the Sacred Heart, every treasure of wisdom and knowledge is hidden. In that divine heart beats God's infinite love for everyone, for each of us individually."*

*~St. Pope  
John Paul II*

## June: Month of the Sacred Heart

### SACRED HEART SAINT QUOTES



LOOKTOHIMANDBERADIANT.COM

O SACRED HEART OF JESUS, FOUNTAIN OF ETERNAL LIFE. YOUR HEART IS A GLOWING FURNACE OF LOVE. YOU ARE MY REFUGE AND MY SANCTUARY.  
- ST. GERTRUDE THE GREAT

I NEED  
NOTHING BUT  
GOD, AND TO  
LOSE MYSELF  
IN THE HEART  
OF JESUS.

- ST. MARGARET  
MARY ALACOQUE

IN THE SACRED HEART, EVERY TREASURE OF WISDOM AND KNOWLEDGE IS HIDDEN. IN THAT DIVINE HEART BEATS GOD'S INFINITE LOVE FOR EVERYONE AND FOR EACH OF US AS INDIVIDUALS.  
- ST. JOHN PAUL II

YOU COMPREHEND ALL I NEED, DEAR LORD! TO WIN MY HEART. FROM HEAVEN YOU DID COME; FOR ME YOUR BLOOD DID SHED. O KING ADORED! AND ON OUR ALTARS MAKE THY HOME. SO, IF I MAY NOT HERE BEHOLD THY FACE, OR CATCH THE HEAVENLY MUSIC OF YOUR VOICE, I STILL CAN LIVE, EACH MOMENT, BY THY GRACE, AND IN YOUR SACRED HEART I CAN REJOICE.  
- ST. THERESE OF LISIEUX

DO NOT LET THE PAST DISTURB YOU. LEAVE EVERYTHING IN THE SACRED HEART OF JESUS AND BEGIN AGAIN WITH JOY.  
- ST. TERESA OF CALCUTTA

DEVOTION TO THE SACRED HEART HAS A TWO-FOLD OBJECT: IT HONORS FIRST WITH ADORATION AND PUBLIC WORSHIP THE HEART OF FLESH OF JESUS CHRIST. AND SECONDLY THE INFINITE LOVE WITH WHICH THIS HEART HAS BURNED FOR US SINCE ITS CREATION, AND WITH WHICH IT IS STILL CONSUMED IN THE SACRAMENT OF OUR ALTARS.  
- ST. PETER JULIAN EYMARD

WHEN WE TALK ABOUT THE HEART OF JESUS, WE STRESS THE CERTAINTY OF GOD'S LOVE AND THE TRUTH OF HIS COMMITMENT TO US. WHEN WE RECOMMEND DEVOTION TO THE SACRED HEART, WE ARE RECOMMENDING THAT WE SHOULD GIVE OUR WHOLE SELF TO JESUS, TO THE WHOLE JESUS—OUR SOUL, OUR FEELINGS AND THOUGHTS, OUR WORDS AND ACTIONS, OUR JOYS.  
- ST. JOSEMARIA ESCRIVA

#### June Feast Days:

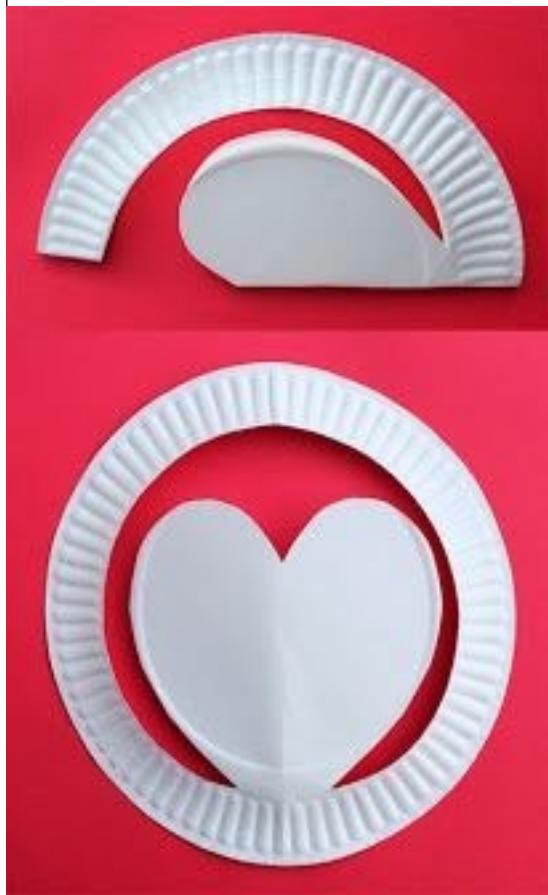
- Most Holy Body and Blood of Christ (Corpus Christi) — June 6<sup>th</sup>
- Most Sacred Heart of Jesus — June 11<sup>th</sup>
- Immaculate Heart of the Blessed Virgin Mary — June 12<sup>th</sup>
- Nativity of St. John the Baptist — June 24<sup>th</sup>
- Sts. Peter and Paul, Apostles — June 29<sup>th</sup>

## Preschool and Kindergarten: Heart Hat and Coloring Pages

### Heart Hat Craft Instructions:

- ♥ Begin by folding a paper plate in half.
- ♥ Cut the plate as you normally would to make a heart, but leave it attached at the bottom (as shown below).
- ♥ Open up the plate, and there should be a heart!
- ♥ Decorate the heart however you would like by using crayons, markers, paint, stickers, glitter, stamps, etc.
- ♥ Place the person's head through the cut plate so that the heart stands up in front.

*Craft and photo credit:  
[www.alphamom.com](http://www.alphamom.com)*



### Sacred Heart of Jesus



Have Mercy on Us



*Coloring pages from:  
[www.reallifeathome.com](http://www.reallifeathome.com)*

## Grades 1 and 2: "Jesus Loves Me" Photo Frame and Sacred Heart Snack

**From Catholic Icing ([www.catholicicing.com](http://www.catholicicing.com)):  
"Jesus Loves Me" CD Case Cover or Photo Frame Craft**

### Instructions:

- ♥ Visit the Catholic Icing website to print out the craft template (on either regular white paper or heavy white card stock):  
<https://www.catholicicing.com/wp-content/uploads/2012/06/jesus-loves-me-printable-craft.pdf>
- ♥ Color the template however you'd like (with sharp colored pencils, markers, gel pens, etc.). Add stickers or other decorations if desired.
- ♥ Cut around the template with scissors. Insert a photo (slightly overlapping on the back side and secured with tape).
- ♥ Insert finished cover into a clear CD case (either horizontally or vertically, as shown in the photo at right). Add a ribbon for hanging.



### To make the Sacred Heart snack pictured below, you will need:

1 box red gelatin (6 oz.; whatever flavor you like, such as cherry, strawberry, or fruit punch)  
Can of peaches; slice them thinly  
Chocolate sprinkles  
Flower-shaped sprinkles  
Pretzel sticks (a handful or two)  
A heart-shaped cookie cutter (if possible)  
A flat, un-slotted spatula  
Plates for the gelatin hearts (so they can be decorated)

**Instructions:** Make the gelatin according to the package instructions. Pour the liquid into two 13"x9" pans. Chill until set. Using a heart-shaped cookie cutter, cut hearts into the gelatin. Use the spatula/turner to gently remove the hearts from the pan; place two hearts side-by-side on a plate. The key is to

gently tap the spatula against the plate as you slide the heart off the spatula.

Now, cut the peaches into small, thin slivers. Place them at the top of the heart. Try to make them flare out so that they look like "flames."

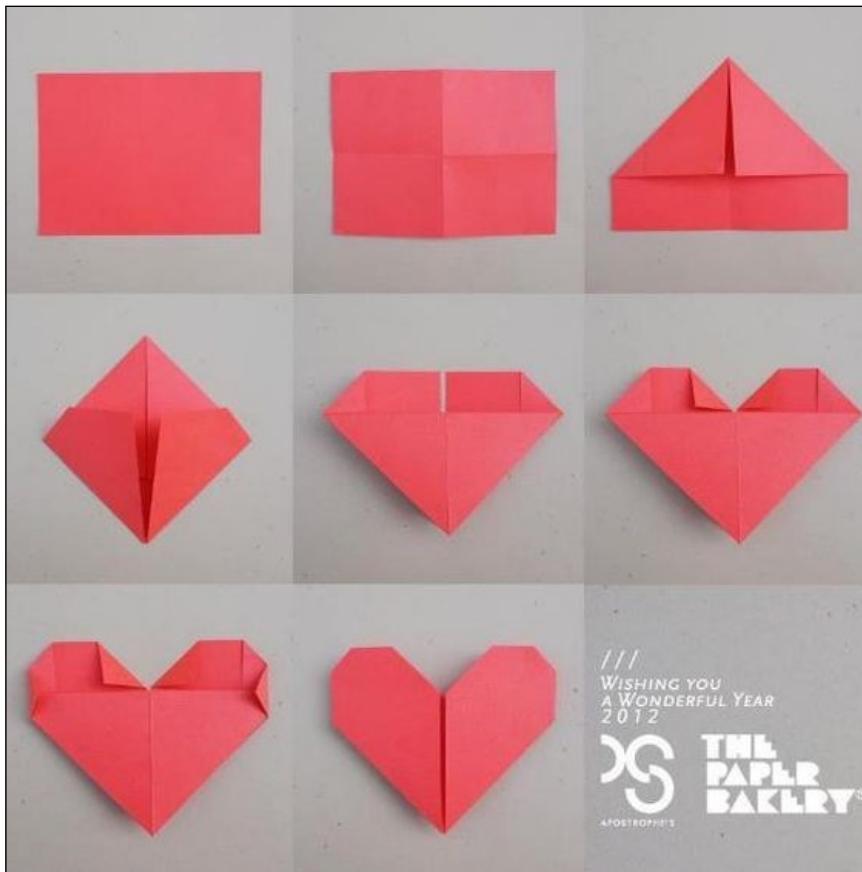
Then, add chocolate sprinkles to one of the hearts to create a "crown of thorns." You can add flower-shaped sprinkles to the other heart to make the "crown of flowers."

From Catholic Inspired  
([www.catholicinspired.com](http://www.catholicinspired.com))

**Sacred Heart and  
Immaculate Heart  
Dessert**



## Grades 3 and 4: Sacred Heart Origami Bookmark and Thumbprint Craft



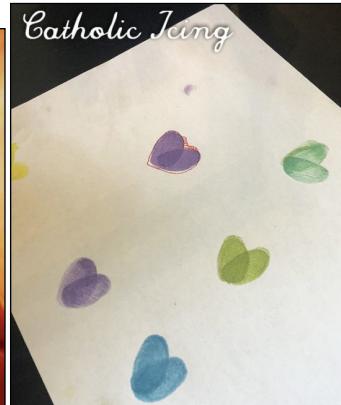
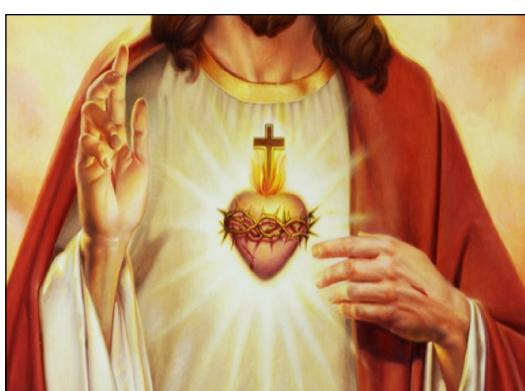
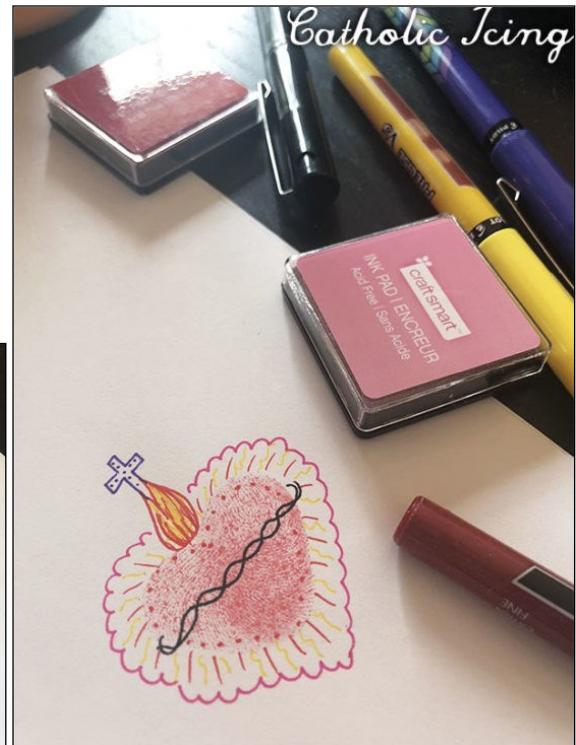
Create your own origami Sacred Heart bookmark! Use a red piece of construction paper (or pink, or whatever color you would like), then fold the paper as shown at left. Optionally, you can use a marker or other pieces of construction paper to make the Sacred Heart design shown above. Slip the bookmark over the corner of your book page to mark your spot for next time!

### Instructions for Sacred Heart Thumbprint Craft (from Catholic Icing, [www.catholicicing.com](http://www.catholicicing.com)):

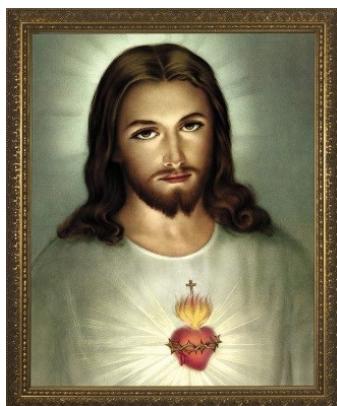
Gather various colors of ink pads/paint/markers, colored pens, and/or crayons.

You will also need white paper or card stock and images of the Sacred Heart for inspiration.

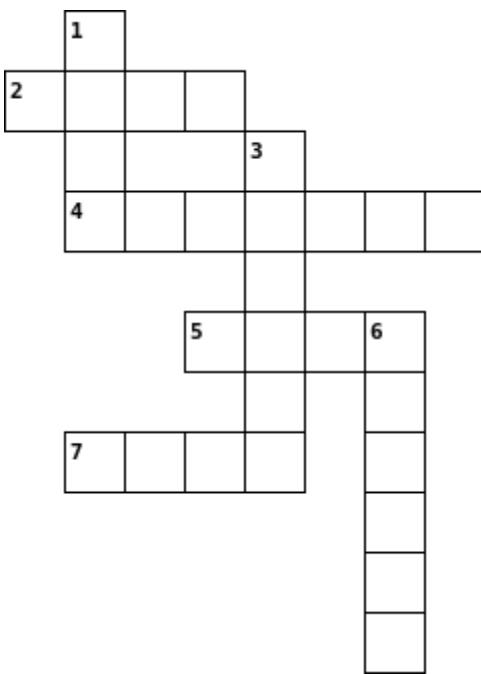
Symbols of the Sacred Heart are as follows: a crown of thorns around the heart, flames coming out of the top of the heart, and a cross at the top. Start by dipping your thumb into the ink and pressing two big thumbprints that overlap to form a heart shape. You can use a large variety of colors! Be sure to spread the hearts out so you have plenty of space around them to doodle designs. You can start doodling around the hearts with your colored pens based on the symbols of Sacred Heart. See the photos at right from Catholic Icing for examples.



## Grades 5 and 6: Litany of the Sacred Heart Crossword Puzzle



♥ Heart of Jesus (Litany of the Sacred Heart of Jesus)  
See if you can use the words below to complete the puzzle!



**Across:**

- 2. \_\_\_\_\_ and center of all hearts
- 4. One with the \_\_\_\_\_ word
- 5. Broken for all our \_\_\_\_\_
- 7. Filled with goodness and \_\_\_\_\_

**Down:**

- 1. Our \_\_\_\_\_ and resurrection
- 3. Worthy of all \_\_\_\_\_
- 6. Delight of all the \_\_\_\_\_

**Word Box:**

love, praise, saints, life, sins, king, eternal

## Grades 7 and 8: Cool Facts About the Sacred Heart

♥ Do research online (or see whether your parish or local library has a book) about the **Sacred Heart of Jesus**. Use each of the spaces below to write four different facts that you learned! Suggested websites: "Simply Catholic" (<https://www.simplycatholic.com/why-the-sacred-heart/>), "Catholic Digest" (<https://catholicdigest.com/faith/spirituality/five-facts-about-the-sacred-heart-of-jesus/>), or USCCB (<https://www.usccb.org/prayer-and-worship/prayers-and-devotions/litanies/litany-of-the-sacred-heart-of-jesus>).

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

### 4 COOL FACTS

#### COOL FACT #1

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#### COOL FACT #2

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### THE SACRED HEART OF JESUS

#### COOL FACT #3

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#### COOL FACT #4

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Grades 9 through Confirmation:



THANK YOU  
FOR HAVING  
THE HEART OF  
*Jesus*

## O SACRED HEART OF JESUS,

Fountain of eternal life,  
Your Heart is a furnace of love.

You are my refuge and my sanctuary.  
O my adorable and loving Saviour,  
consume my heart with the burning fire  
with which Yours is inflamed.

Pour down on my soul those graces  
which flow from Your love.  
Let my heart be united with Yours.  
Let my will be conformed  
to Yours in all things.

May Your Heart bring healing  
for the world of the COVID-19 pandemic;  
May your heart especially bring healing  
to the sick, and protection and care  
of the many health-care workers  
and service providers in our communities.

May Your will be the rule  
of all my desires and actions.

AMEN

On a separate piece of paper, in a journal, or on the back of this page, jot down your thoughts about these reflection questions (based on the prayer above, taken from the Diocese of Calgary: [www.calgarydiocese.ca](http://www.calgarydiocese.ca)):

1. In your life, what are some ways in which God is your refuge and sanctuary? \_\_\_\_\_
  
2. Why do you think that the Holy Spirit is sometimes represented as a flame? \_\_\_\_\_
  
3. Is it difficult or easy to trust God? Why/why not? \_\_\_\_\_

## For Further Exploration ...

♥ Visit **Catholic Icing's website** for even more Sacred Heart crafts and activities: <https://www.catholicicing.com/?s=sacred+heart+jesus>.

♥ Joe Paprocki from **Loyola Press** offers a wonderful (and short!) video about the Sacred Heart of Jesus and Immaculate Heart of Mary.

View his video by visiting online: <https://catechistsjourney.loyolapress.com/2020/06/pop-up-catechesis-feasts-of-the-sacred-heart-of-jesus-immaculate-heart-of-mary/>.

♥ Here's a **Busted Halo article** about the Sacred Heart of Jesus: <https://bustedhalo.com/blogs/i-heart-june>. Busted Halo also has a **podcast** about the Sacred Heart of Jesus: <https://bustedhalo.com/podcasts/sacred-heart-shows-us-love>.

♥ **Teachers Pay Teachers** has a free Sacred Heart coloring page for download: <https://www.teacherspayteachers.com/Product/Free-Sacred-Heart-of-Jesus-Printable-from-Charlottes-Clips-Catholic-Series-1878494>.

♥ Children of all ages will enjoy this **June Saints and Feast Days word search** from Real Life at Home: <https://www.reallifeathome.com/june-saints-word-search/>.

♥ June 11, 2021: Friday, the Solemnity of the Sacred Heart of Jesus (always 19 days after Pentecost). Find the day's **Mass readings** here: <https://bible.usccb.org/bible/readings/061121.cfm>.

♥ Enjoy this song: "**Heart of Jesus, Hear**" (with refrain words in the video): [https://www.youtube.com/watch?v=Qb-N2M7yz\\_c](https://www.youtube.com/watch?v=Qb-N2M7yz_c).

♥ Here's another song (with lyrics): "**O Sacred Heart, O Love Divine**" — <https://www.youtube.com/watch?v=BeIMBtjb08>.

♥ For more information about praying the **Litany of the Sacred Heart of Jesus**, watch this video: [https://www.youtube.com/watch?v=eMPHP\\_8oxIY](https://www.youtube.com/watch?v=eMPHP_8oxIY).

♥ This video describes how to pray the **Chaplet of Divine Mercy**: <https://www.youtube.com/watch?v=12GhJxL9mIs>.

♥ What are we celebrating when we observe the Solemnity of the **Sacred Heart of Jesus**? Check out this video: <https://www.youtube.com/watch?v=pPmOIEaGZI>.

### The 12 Promises of the Sacred Heart of Jesus:

Jesus appeared to St. Margaret Mary between 1673 and 1675 and shared with her how much he loved her and the entire world. Among the powerful words spoken to this nun of the Visitation Order, who was living in a cloister in Paray-le-Monial, France, were as follows: "Behold this Heart, which has loved so much but has received nothing but coldness, indifference, and ingratitude in return."

♥ Here's a video about the 12 promises of the Sacred Heart: <https://www.youtube.com/watch?v=VmOnqoF-EYQ>.



♥ Here's an article by **Fr. James Martin, S.J.**, titled, "Give the Sacred Heart Devotion a Second Chance": <https://www.americamagazine.org/faith/2012/06/15/reviving-sacred-heart>.

**Be on the lookout for our July packet, which will feature the Communion of Saints!**